

Kingsport Senior Center

*Cordially Invites You To Our Front Lawn
For a Free Picnic for all Seniors!*

SeniorFest BBQ Picnic

SPONSORED BY:
SILVERSNEAKERS & AARP



Thursday, July 18, 2013

10:00 a.m.-12:30p.m.

Catered By:
Two Dad's Café and Catering
Lunch Includes:
BBQ chicken, baked beans, potato
salad, macaroni salad, coleslaw, and
desert.

Presentations by:
Diabetes Treatment Center
Cappi Tosetti /Brain Fitness
SilverSneakers Class Demo